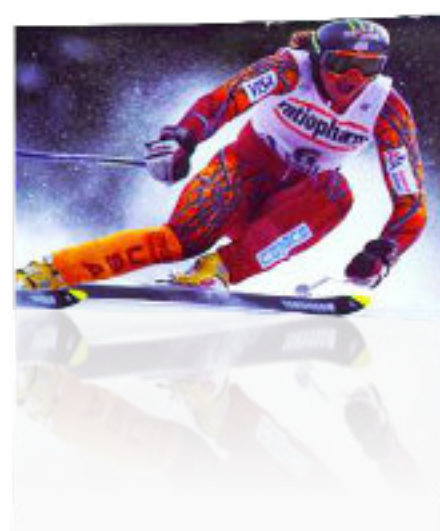
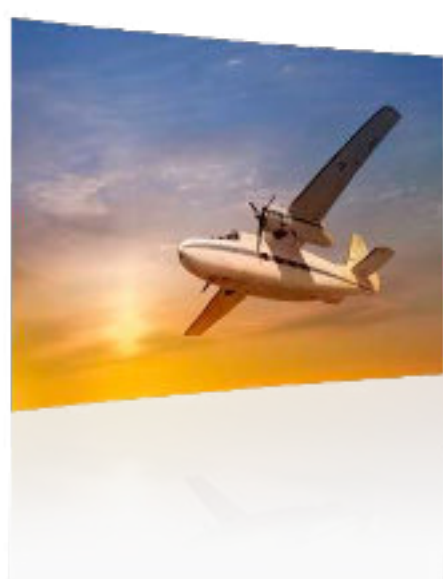


# ***Motion****X**-GPS*



How to Export or Import Files

# Using Airdrop or Other Apps

---



Share track or waypoints via Airdrop or other apps like Gmail, Drive, etc. or import into storage or a supported app.



## Setup



General



Display



Maps



Go to Menu > Setup and  
select **iTunes Drag & Drop**.



iTunes Drag & Drop



Voice Coaching & Notifications



Heart Rate Sensor



Auto Live Position Updates



Share



Track Recorder



Auto Page Cycle



**Map**

**Menu**



Done

## iTunes Drag & Drop

MotionX-GPS supports drag & drop GPX file management of waypoints and tracks using iTunes.

1. Enable iTunes Drag & Drop below.
2. Connect your iPhone with your sync cable to iTunes.
3. From iTunes, select your iPhone, then select the Apps tab and scroll down to the File Sharing section. Select MotionX-GPS, then add GPX files to the GPS Documents window or save GPX files from your iPhone to your desktop.



iTunes Drag & Drop

Ensure iTunes Drag & Drop is toggled **ON**.

Map

Menu



Back



Next, go to Menu >  
Tracks / Waypoints >  
select a track or waypoint,  
and then select **Options**.

[View Details](#)



ain Public Library



Copper Ave NW

5th St NW

4th St NW

7th St NW

6th St NW

Central Ave SW

5th St SW

313

4th St SW

6th St SW

Gold Ave SW

7th St SW

0.05 mi

PNM Resources



Silver Ave SW



Google

**MotionX**

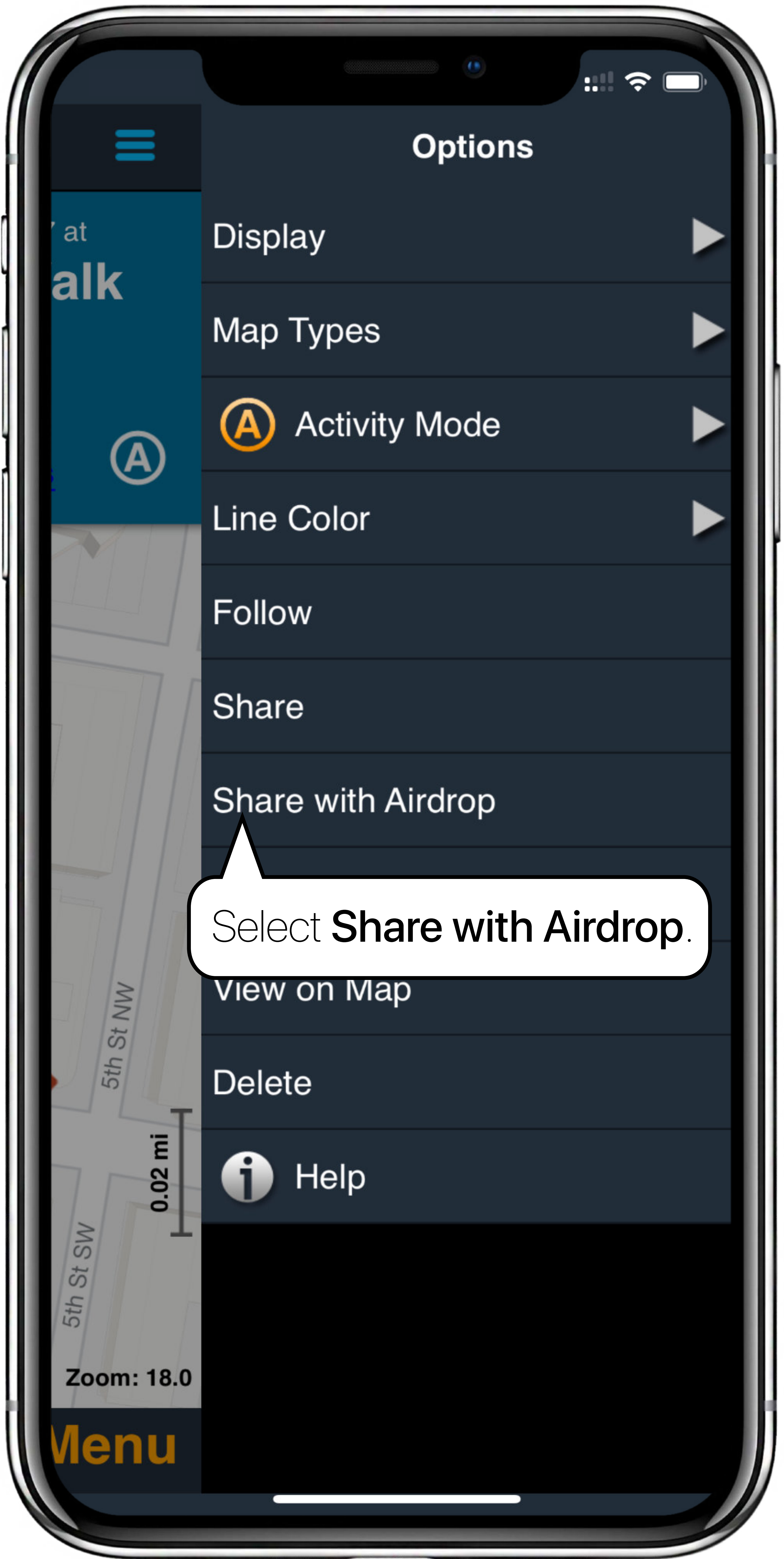
Zoom: 16.5

Map



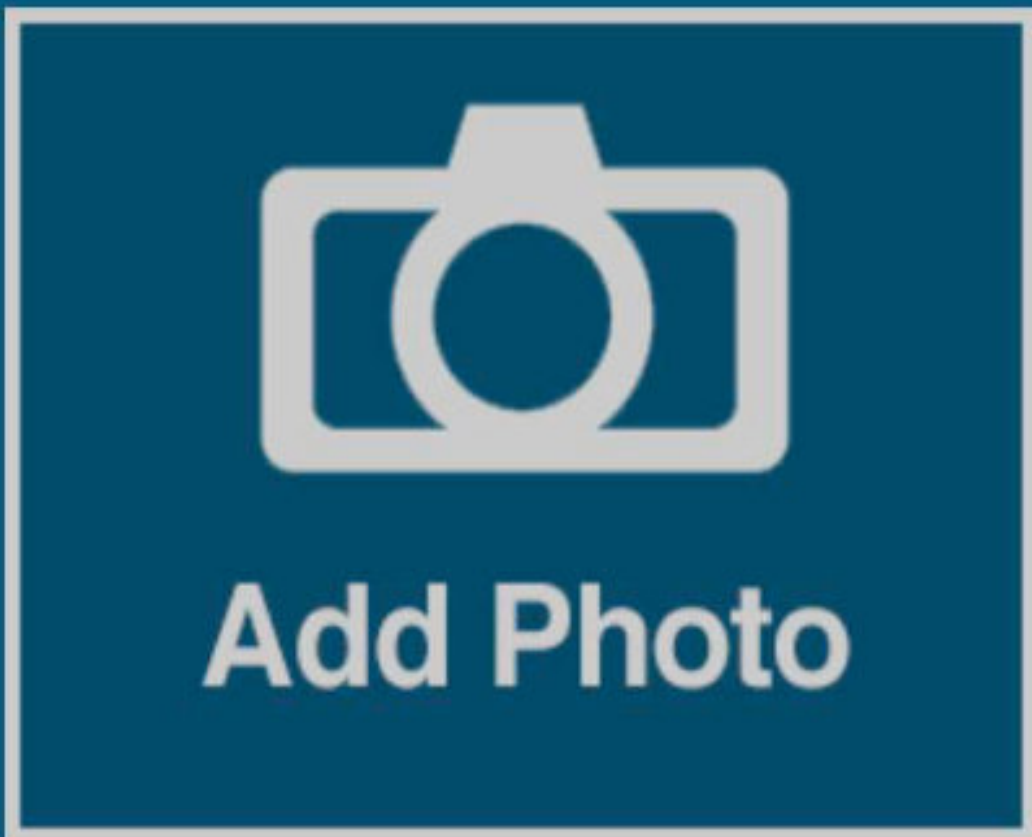
Menu







Back



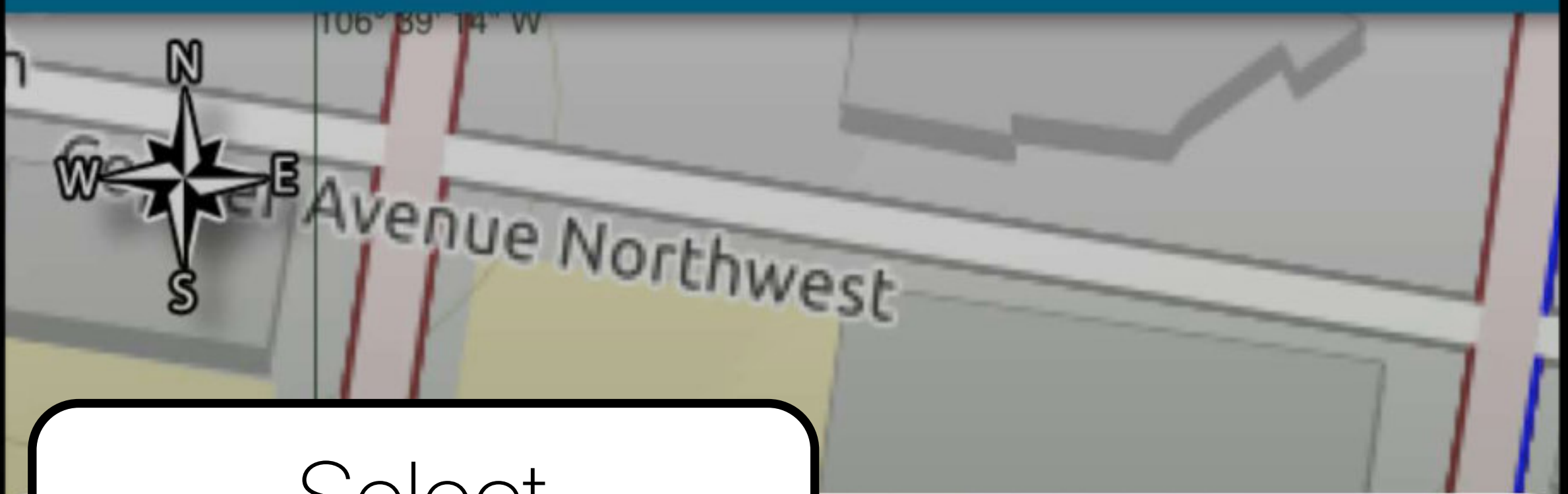
Dec 26, 2017 at

**Abq Walk**

0.16 mi

04:40.7

[View Details](#)



Select  
**Airdrop...**



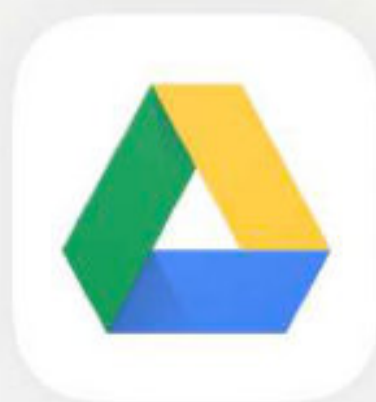
...or the app that you want to  
share the track or waypoint on.



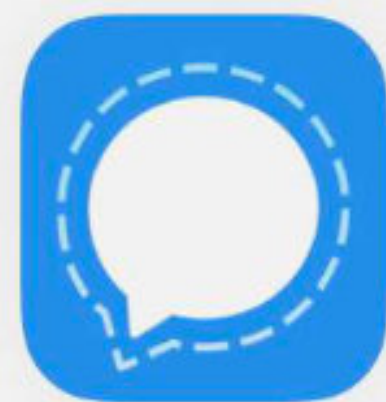
AirDrop



Gmail



Drive



Signal



Me

Save to Files



LastPass



[Edit Actions](#)



Back



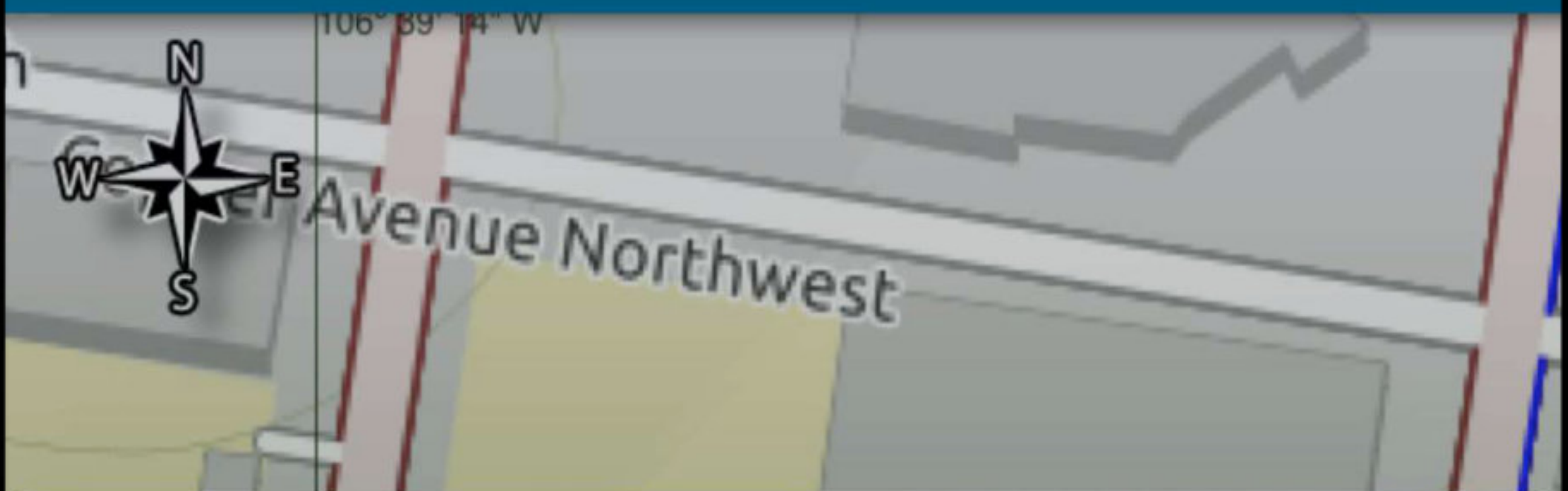
Dec 26, 2017 at

**Abq Walk**

0.16 mi

04:40.7

[View Details](#)

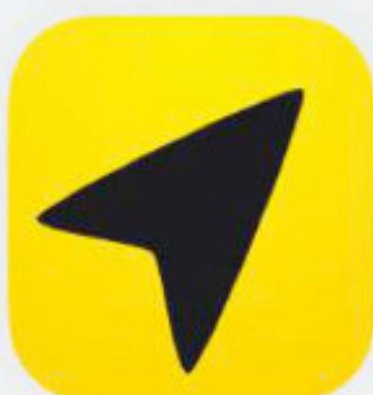


You can also copy directly to other apps that support GPX files...

...or save the file to your iCloud/iPhone storage.



Copy to  
Gaia GPS



Copy to  
GPX Tracker



Copy to  
Topo Maps+



Copy to  
Avenza Maps

Save to Files



LastPass



[Edit Actions](#)



Back



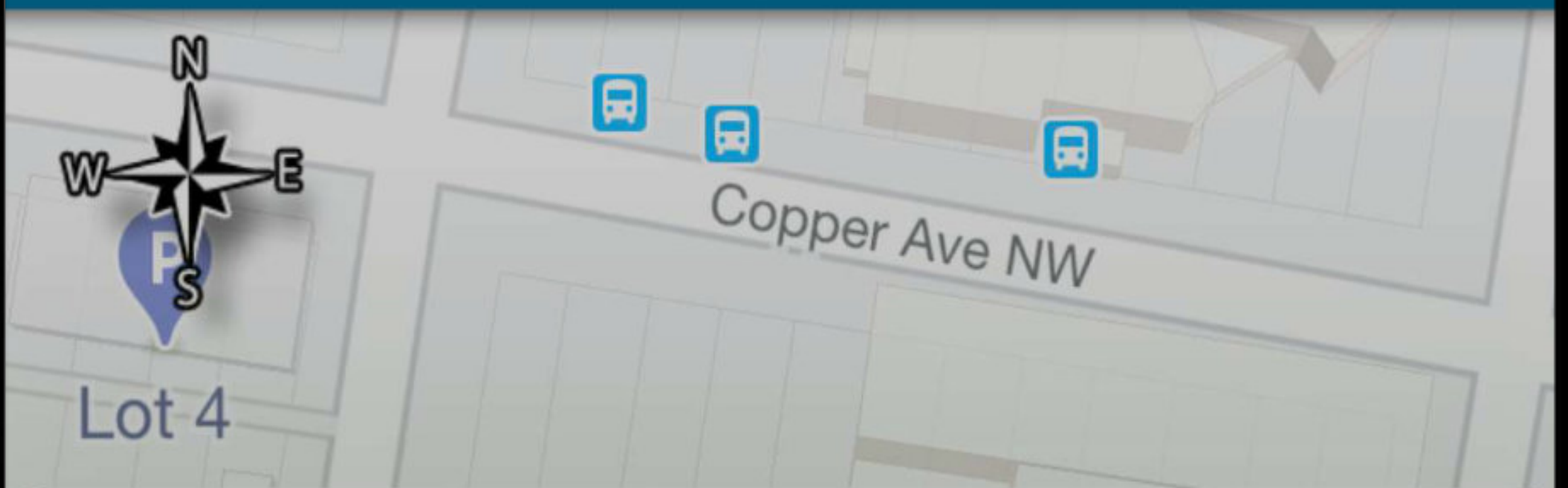
Dec 26, 2017 at

**Abq Walk**

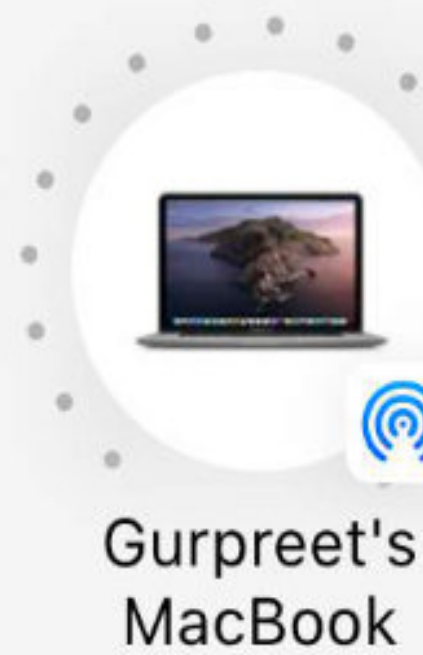
0.16 mi

04:40.7

[View Details](#)



Download this gpx file!



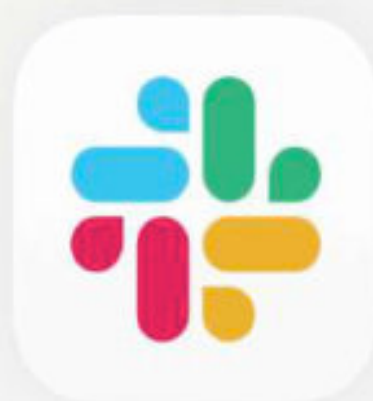
To see the complete list of options, scroll to the end and select **More**.



Copy to  
Avenza Maps



Google Keep



Slack



More

Save to Files



LastPass

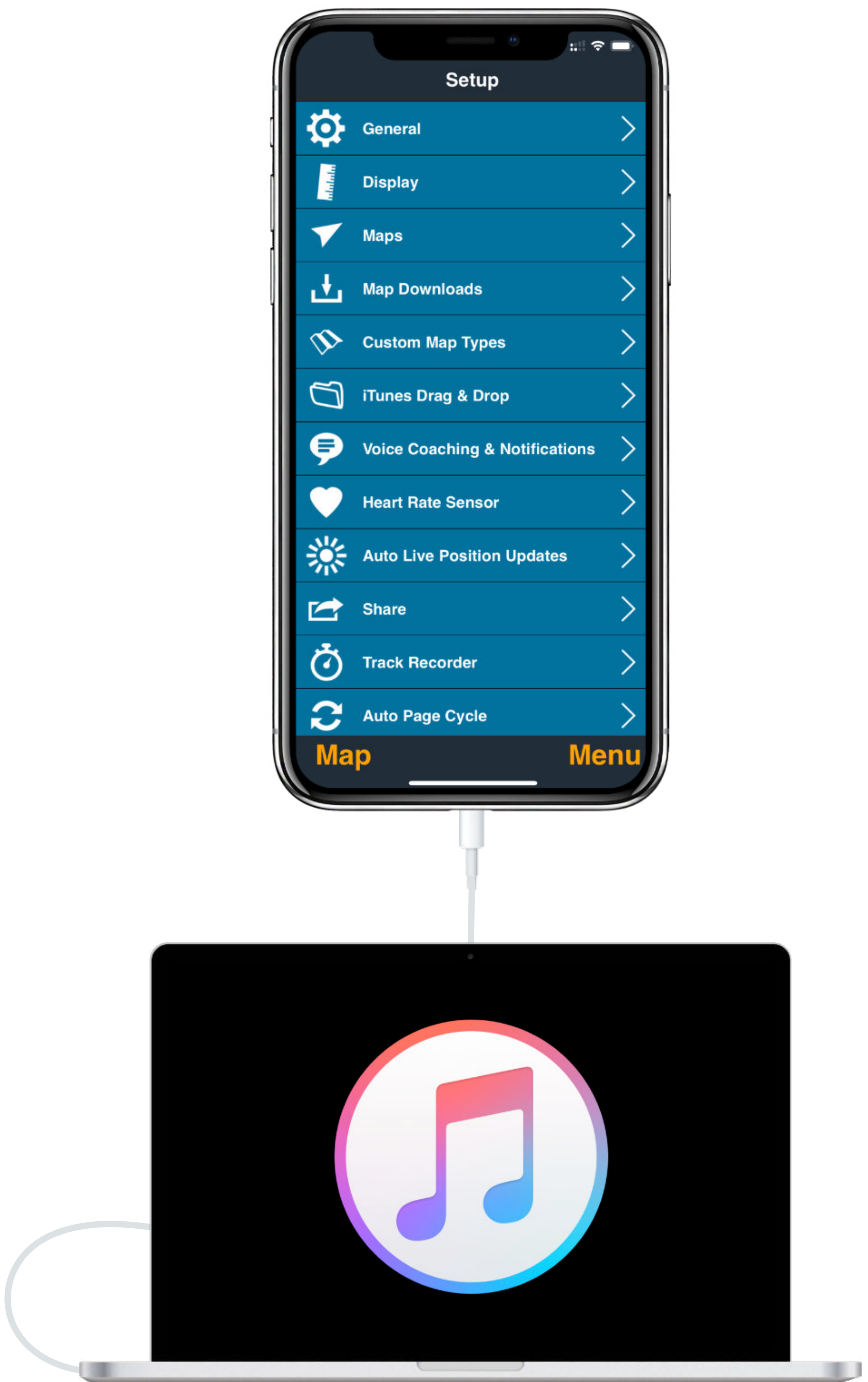


[Edit Actions](#)



# Using iTunes or Finder

---



Move track & waypoints between your iPhone and your computer using File Sharing.



## Setup



General



Display



Maps



Go to Menu > Setup and select **iTunes Drag & Drop**.



iTunes Drag & Drop



Voice Coaching & Notifications



Heart Rate Sensor



Auto Live Position Updates



Share



Track Recorder



Auto Page Cycle



Map

Menu



Done

## iTunes Drag & Drop

MotionX-GPS supports drag & drop GPX file management of waypoints and tracks using iTunes.

1. Enable iTunes Drag & Drop below.
2. Connect your iPhone with your sync cable to iTunes.
3. From iTunes, select your iPhone, then select the Apps tab and scroll down to the File Sharing section. Select MotionX-GPS, then add GPX files to the GPS Documents window or save GPX files from your iPhone to your desktop.



iTunes Drag & Drop

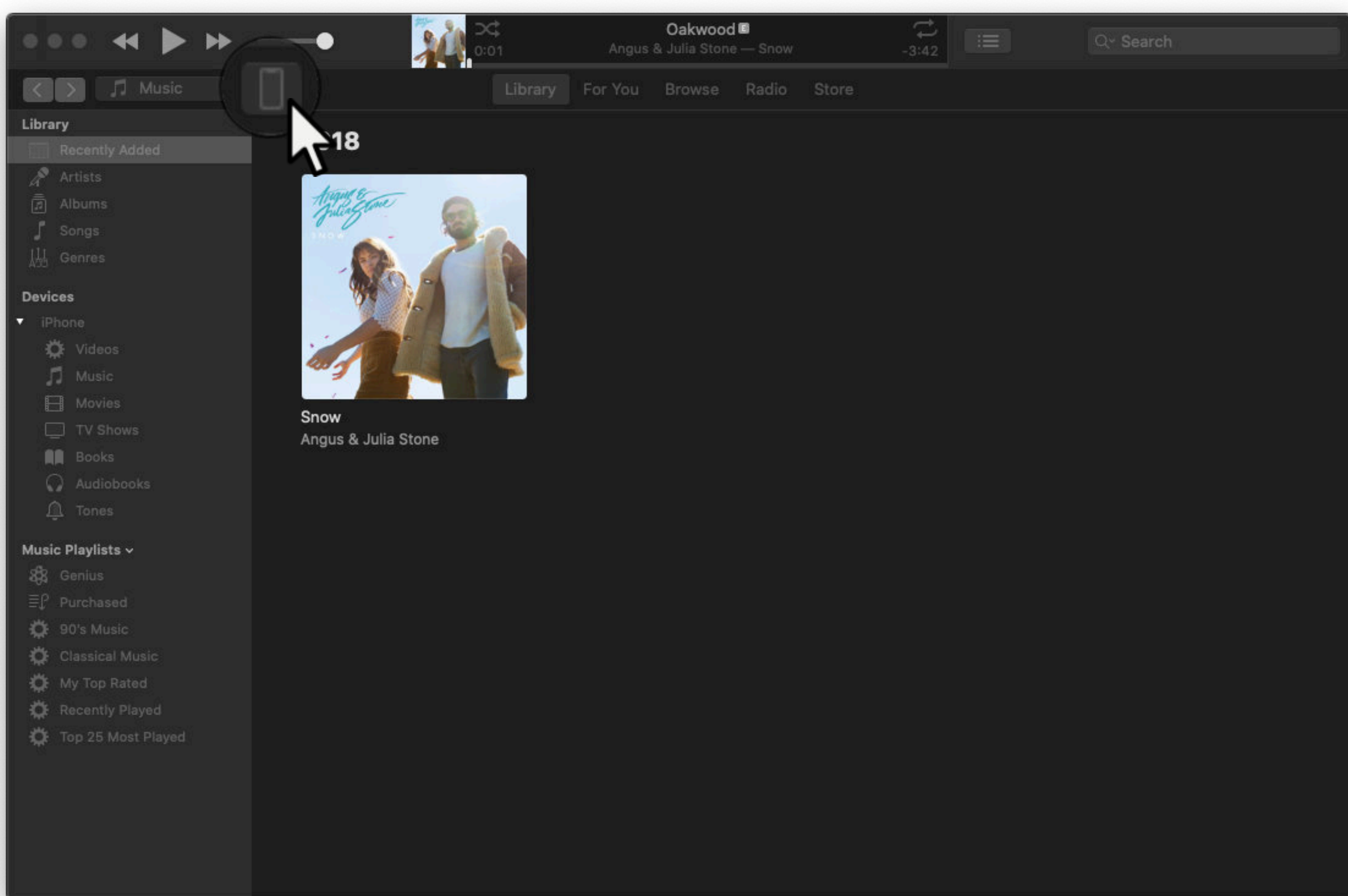
Ensure iTunes Drag & Drop is toggled **ON**.

Map

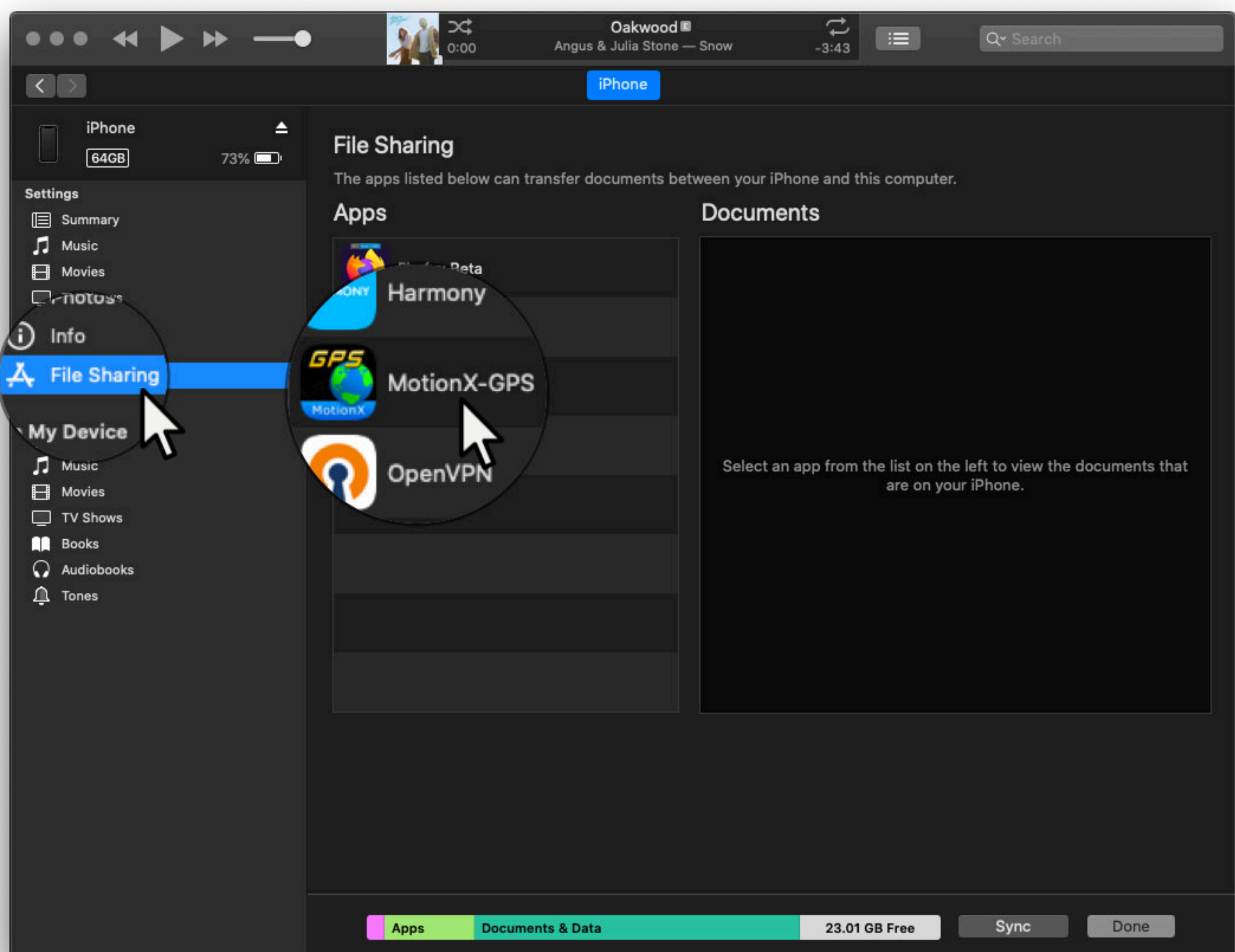
Menu



If using iTunes, plug your iPhone into your computer, launch iTunes, and then select the **phone icon**.



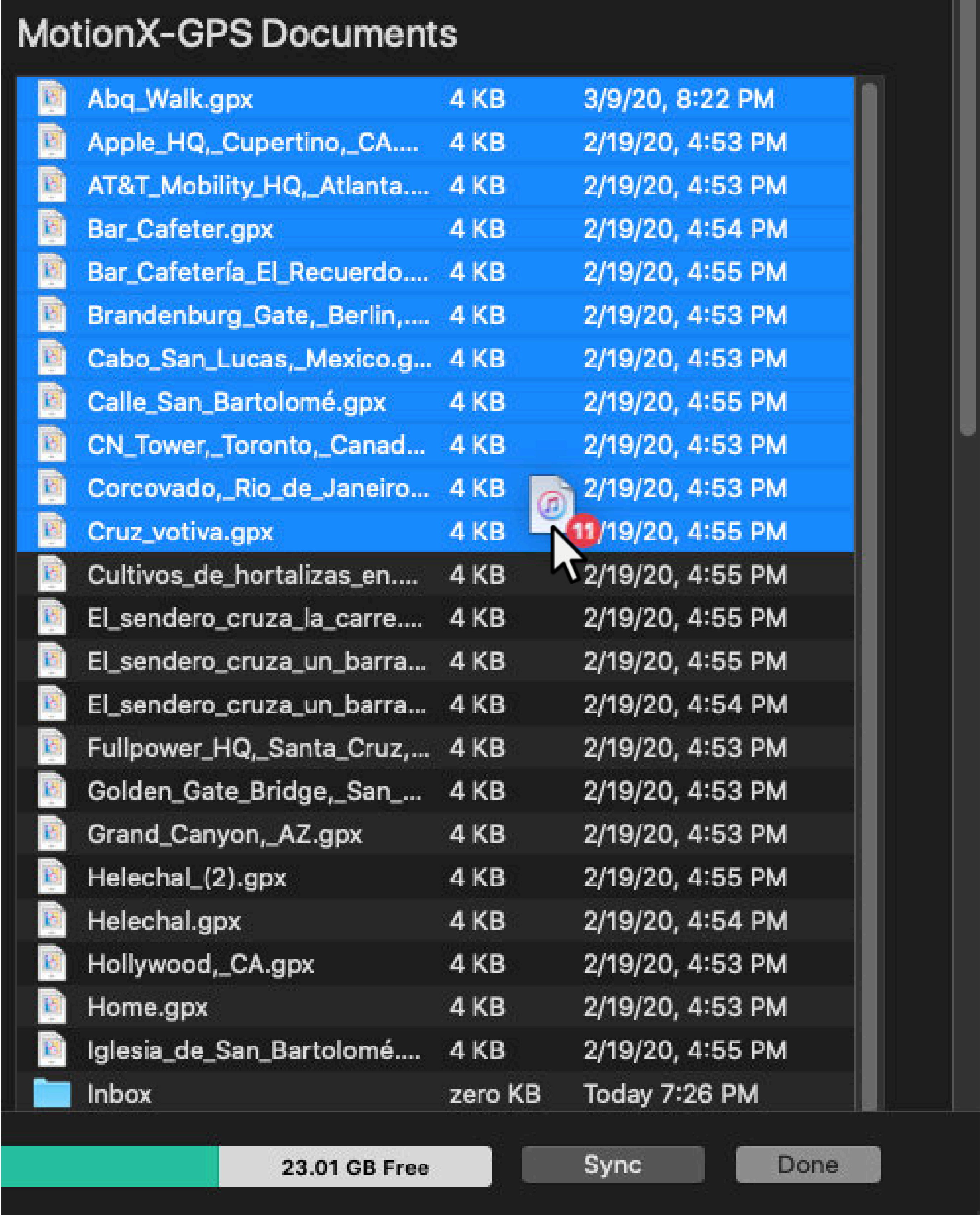
Select **File Sharing** from the sidebar and then select **MotionX-GPS**.





































The “MotionX-GPS Documents” pane contains all of the GPX files on your iPhone.

Select a file(s) and then drag to or from your iPhone or desktop.





	Louvre,_Paris,_France.gpx	4 KB	2/19/20, 4:53 PM
	Marstrand,_Sweden.gpx	4 KB	2/19/20, 4:53 PM
	Masada,_Israel.gpx	4 KB	2/19/20, 4:53 PM
	Mirador_natural_hacia_el_.gpx	4 KB	2/19/20, 4:55 PM
	Mirador_natural_hacia_Los.gpx	4 KB	2/19/20, 4:55 PM
	Mont_Blanc,_France.gpx	4 KB	2/19/20, 4:53 PM
	Montsegur,_France.gpx	4 KB	2/19/20, 4:53 PM
	Mt._Everest,_Nepal_&_Tibe.gpx	4 KB	2/19/20, 4:53 PM
	Mt._Kilimanjaro,_Tanzania.gpx	4 KB	2/19/20, 4:53 PM
	Mt._McKinley,_Alaska.gpx	4 KB	2/19/20, 4:53 PM
	Pajero_de_madera_(abandon.gpx	4 KB	2/19/20, 4:55 PM
	Panadería_EL_Cubo.gpx	4 KB	2/19/20, 4:55 PM
	Papeete,_Tahiti.gpx	4 KB	2/19/20, 4:53 PM
	Pista_Monte_de_La_Galga.gpx	4 KB	2/19/20, 4:55 PM
	Plantación_de_próteas.gpx	4 KB	2/19/20, 4:55 PM
	Prado_Museum,_Madrid,_Spa.gpx	4 KB	2/19/20, 4:53 PM
	PRLP0510.gpx	4 KB	3/8/20, 9:46 PM
	Queenstown,_New_Zealand.gpx	4 KB	2/19/20, 4:53 PM
	Seoul,_South_Korea.gpx	4 KB	2/19/20, 4:53 PM
	Squaw_Valley,_Lake_Tahoe,.gpx	4 KB	2/19/20, 4:53 PM
	Statue_of_Liberty,_New_Yo.gpx	4 KB	2/19/20, 4:53 PM
	Stonehenge,_England.gpx	4 KB	2/19/20, 4:53 PM
	Sydney_Opera_House,_NSW_.gpx	4 KB	2/19/20, 4:53 PM
	Telemark_Valley,_Norway.gpx	4 KB	2/19/20, 4:53 PM
	Tiananmen_Sq.,_Beijing,_C.gpx	4 KB	2/19/20, 4:53 PM
	Tokyo_Tower,_Japan.gpx	4 KB	2/19/20, 4:53 PM
	Vancouver,_BC._Canada.gpx	4 KB	2/19/20, 4:53 PM
	Vivienda_de_estilo_tradic_002.gpx	4 KB	2/19/20, 4:55 PM
	Vivienda_de_estilo_tradic.gpx	4 KB	2/19/20, 4:55 PM
	Vivienda_de_turismo_rural.gpx	4 KB	2/19/20, 4:55 PM
	Waikiki_Beach,_Honolulu,_.gpx	4 KB	2/19/20, 4:53 PM
	Wypt_001.gpx	4 KB	5/6/20, 11:48 AM
<div>Add... Save...</div>			

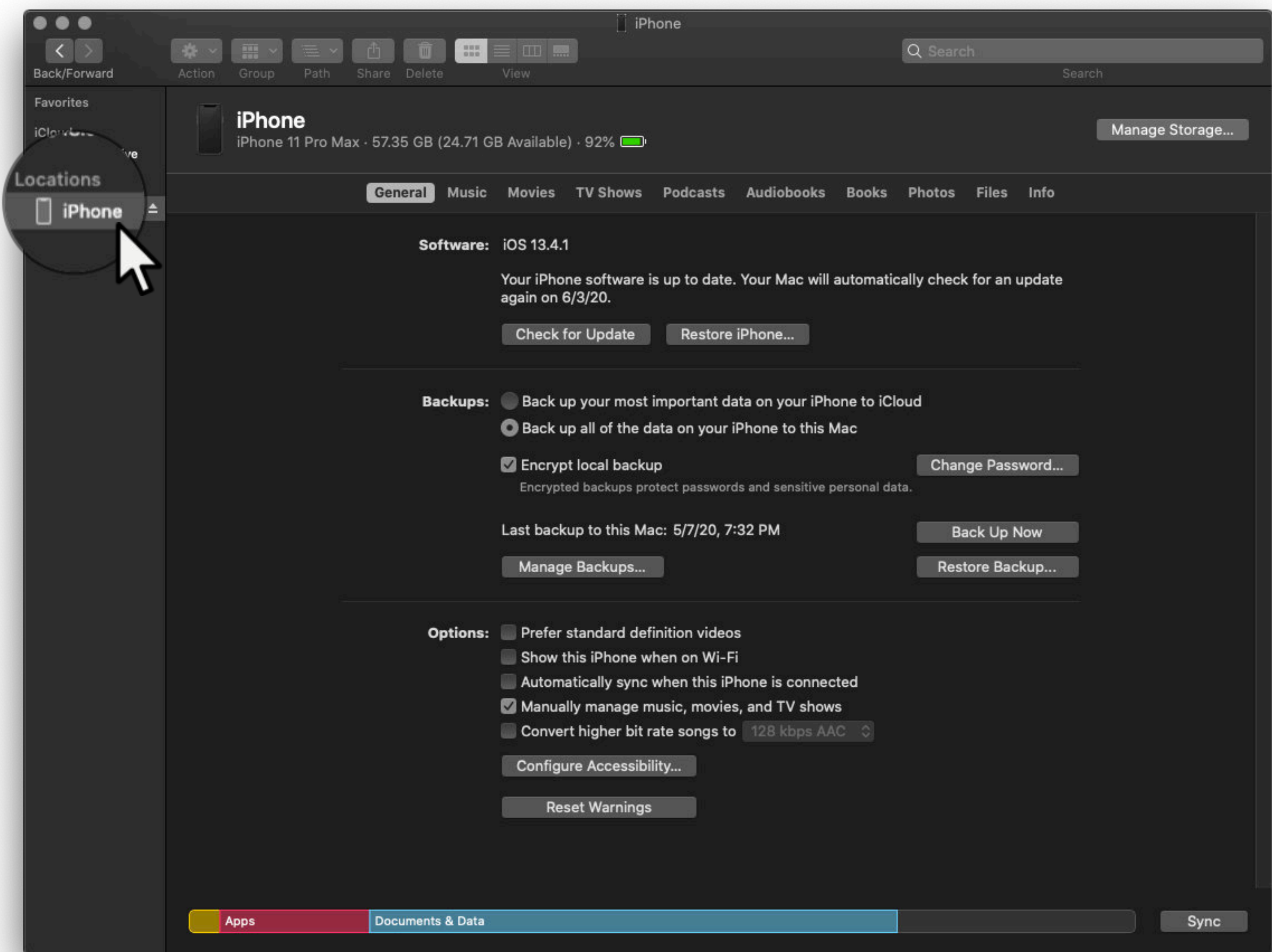
Alternatively, use **Add...** to move GPX files to your phone.

Or use **Save...** to save GPX files to your computer.

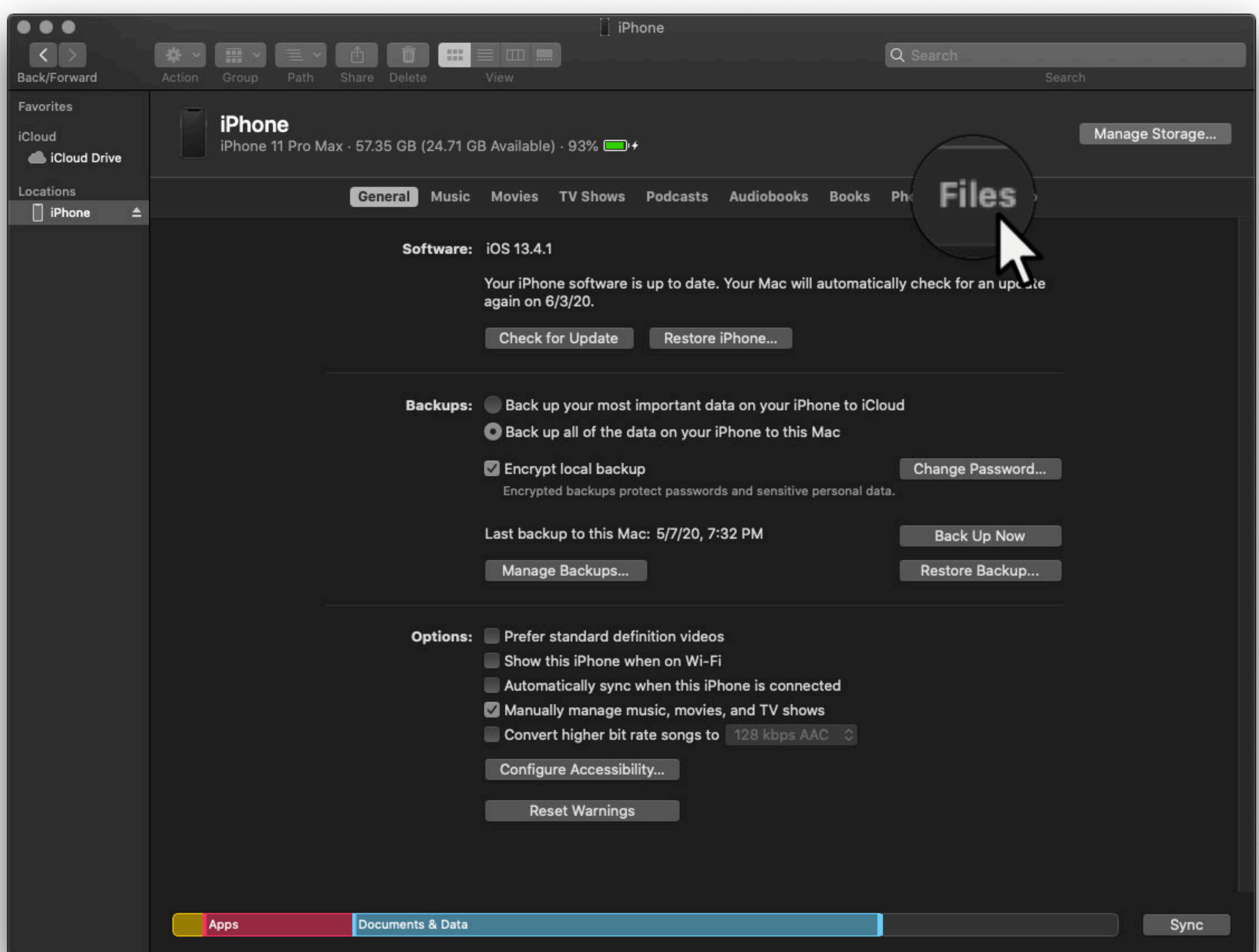


If you are on Mac OS Catalina (or later), you will use Finder instead of iTunes.

Plug your iPhone into your computer, launch Finder, and then select the **phone icon**.

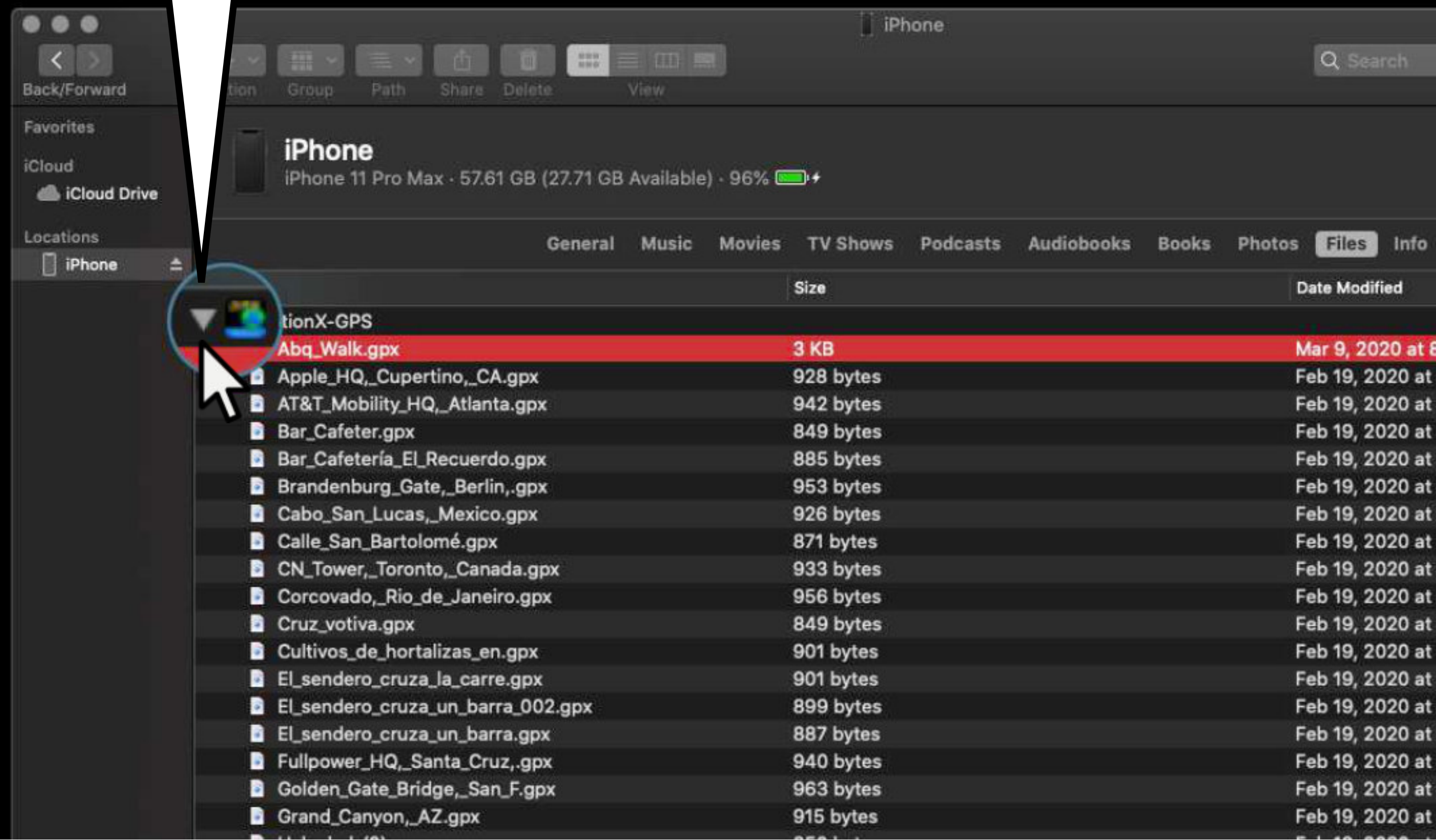


Select the **Files** tab.

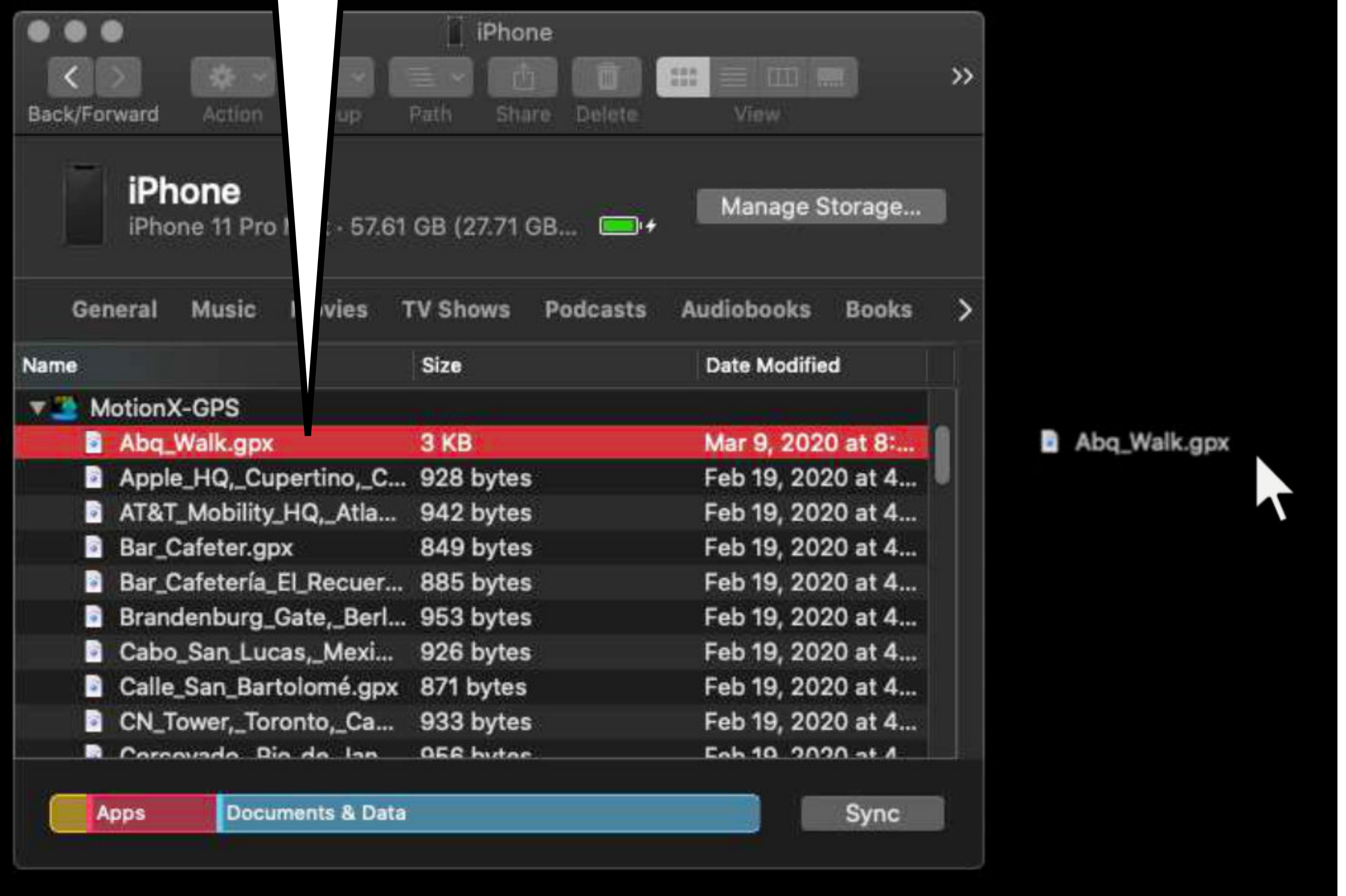




# Expand MotionX-GPS



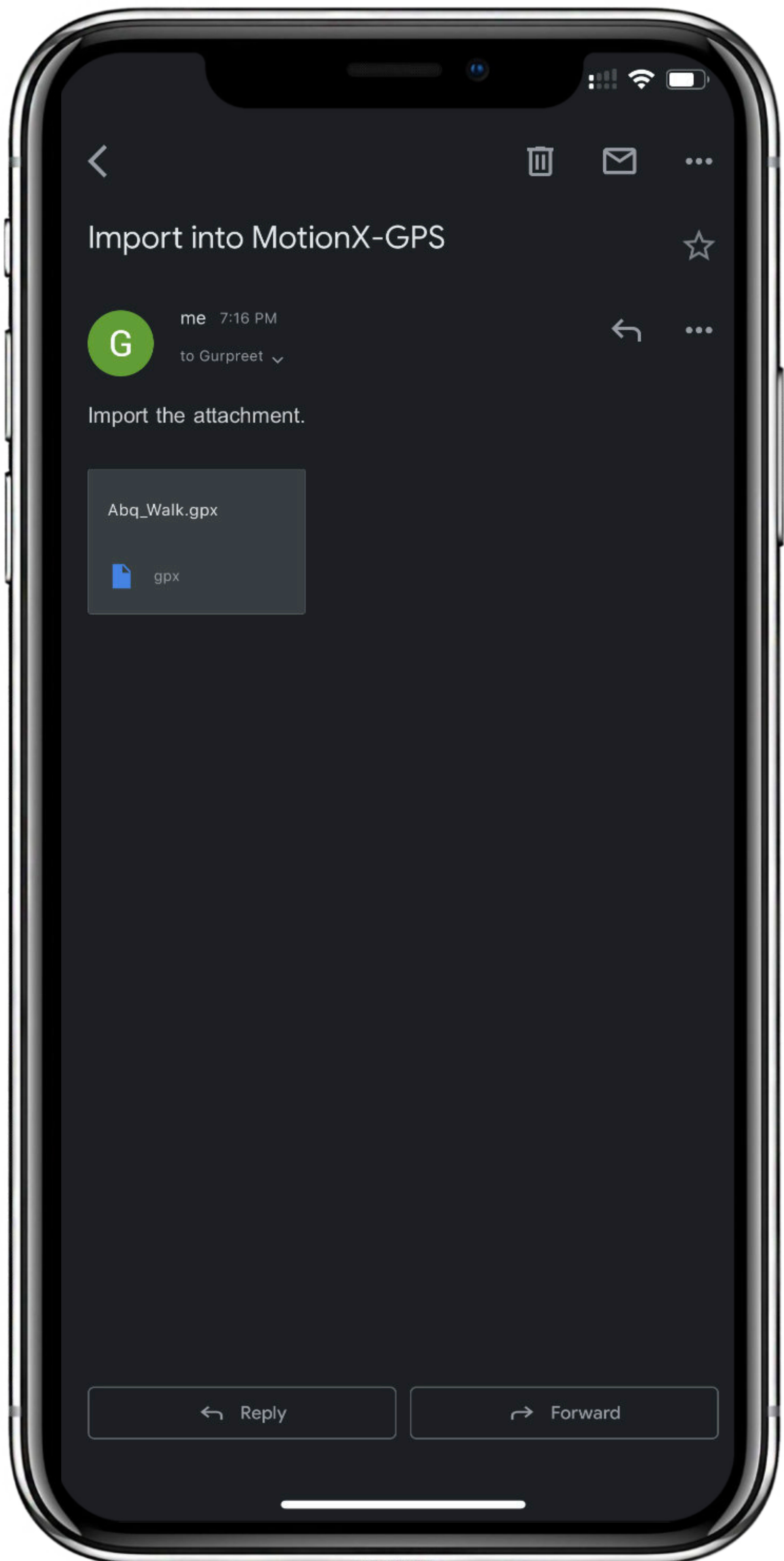
Select a file(s) and then drag to or from your iPhone or desktop.





# Import via Email

---



You can import a GPX file sent by a friend or import a file which you've emailed to yourself.





## Import into MotionX-GPS



me 7:16 PM

to Gurpreet ▾



Import the attachment.

Abq\_Walk.gpx



gpx

Select the **GPX** file  
attachment.

← Reply

→ Forward



Done

Abq\_Walk.gpx



<?xml version="1.0" encoding="UTF-8"?>  
<gpx xmlns="http://www.topografix.com/GPX/1/1" xmlns:xsi="http://www.w3.org/2001/XMLSchema-instance" xsi:schemaLocation="http://www.topografix.com/GPX/1/1/gpx.xsd" creator="MotionXGPSFull 24.4 Build 5068Kb4">  
<trk>  
<name>Abq Walk</name>  
<desc>Dec 26, 2017 12:06 pm</desc>  
<trkseg>  
<trkpt lat="35.0846059" lon="-106.6531331">  
<ele>1504.720</ele>  
<time>2017-12-26T19:06:17.000Z</time>  
</trkpt>  
<trkpt lat="35.0848351" lon="-106.6529026">  
<ele>1510.025</ele>  
<time>2017-12-26T19:06:48.005Z</time>  
</trkpt>  
<trkpt lat="35.0848351" lon="-106.6529026">

Select the **Share** icon...



Abq\_Walk

GPX File · 3 KB



Gurpreet's  
MacBook

... and then **Copy to MotionX-GPS** (which may be located under "More").



AirDrop



Copy to  
MotionX-GPS



Signal



Gmail



Goo

Copy



Print



Save to Files





◀ Gmail



Cancel

Import

Select **Import**.

1 Item(s) ready to import.



Map

Menu



◀ Gmail

Import

Done

Select **Done**.

Import Finished



1 track imported.

Map

Menu